

Winter 2023 Program

MEETING LOCATIONS – North Site: Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.

Participants are able to pre-register online for hikes 7 days prior to the date of the hike.

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
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* GAS CONTRIBUTION. This is a suggested per passenger contribution to car pool drivers to defray gas expenses.

**** Time to renew your membership for 2023 ****

January 8, Sunday 1:00 pm –	Kingfisher Lake Hike or Snowshoe This is a lovely hike/snowshoe following a well-marked trail through different forests with views of Kingfisher Lake. There are some short hills. If snowshoes are not needed, anti-slip crampons for your boots might be an asset. This is a dog friendly hike. Dogs must be leashed at all times. This hike is limited to 15 participants.	Easy	5 km /2 hr	50 km / 1 hr	\$4	
January 11, Wednesday 10:00 am –	Chippewa Park Hike or Snowshoe We will park at Chippewa and snowshoe through the campground, cross the bridge and travel along Lake Superior and the Lagoons. This is an easy snowshoe on flat ground. This hike is limited to 20 participants.	Easy	5 km /2 hr	20 km / 40 min	\$3	
January 15, Sunday 1:00 pm –	Introduction to Snowshoeing-Kamview Learn the basics of snowshoeing, at a relaxed pace. If you need to rent snowshoes, the cost is apx \$7.00, or call Peter at 633-2404. Snowshoe Day pass - \$7.50 or a Nordic Trails Pass. Warm up in the Chalet after the snowshoe. This event is limited to 13 participants.	Easy	5 km /2 hr	20 km / 1 hr	n/a	
January 20, Friday 1:00 pm –	McIntyre River Walk We will meet at the Shopper's Drug Mart Parking lot at 1186 Memorial Ave. This is an urban hike along the McIntyre River from Memorial Ave through Confederation College to Lakehead University along a paved trail and return by the same route. This is a dog friendly hike and your dog must be on a leash. This hike will be limited to 15 participants. Please bring crampons in case it is icy in some areas.	Easy	8 km / 3 hr	n/a	n/a	

EASY: 5 km or less, flat or rolling terrain, leisurely pace
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace

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January 22, Sunday 1:00 pm –	Various Centennial Park Trails Hike or Snowshoe We will explore the various trails that branch off of the main Centennial Park trail. Cycling trails and former ski trails will add some hills to the mix. Because these trails get a fair bit of traffic, ice cleats might be helpful. This is a dog friendly hike. Dog must be leashed. Bring drinks and snacks. This hike is limited to 20 participants.	Intermediate	5 km /2 hr	n/a	n/a	
January 28, Saturday 11:00 am –	Cascades Snowshoe Starting at the Cascades parking lot, we will snowshoe west of the Cascades Conservation Area on a path following the river. This is a marked trail with lovely views of the Current River. A variety of animal tracks may be seen along this quiet route. We will stop for a lunch/snack break. The snowshoe will be at a leisurely pace and limited to 12 people. An LRCA Pass or a \$5.00 fee is required.	Easy	5 km /2.5 – 3 hr	n/a	n/a	
February 5, Sunday 10:00 am –	Hazelwood Conservation Area Snowshoe We will snowshoe the trails at Hazelwood Lake with lunch at a shelter. Bring lunch and fluids. Vehicle Day Permit \$5 if no LRCA pass. This snowshoe will be limited to 12 participants.	Easy	6.5 km /2 hr	34 km / 1 hr	\$3	
February 8, Wednesday 11:00 am –	Slate River Snowshoe We will hike or snowshoe down the scenic Slate River to the mouth of the Kaministiquia River and return the same way. If snowshoes are not required (depending on the snowmobile traffic), crampons for your boots might be helpful as the river may be icy. Bring a lunch or snacks and a warm beverage. This will be a dog friendly hike, and will be limited to 15 participants.	Easy/Intermediate	8 km /2-3 hr	35 km / 1 hr	\$3	

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Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

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February 11, Saturday 10:00 am –	Mink Mountain Snowshoe We will snowshoe up a steep trail to Picnic Point, hike along the edge of the lake to old road/trail, then up to the top of the mountain. Hike around the top with spectacular views, then down to the road. This hike will be limited to 15 participants.	Difficult	6 km /3 hr	100 km / 1 hr 30 min	\$7	
February 12, Sunday 12:30 pm –	Cross Country Ski, Kakabeka Falls Provincial Park This is a relaxed pace X-Country ski. Ontario Parks day fee – apx \$10.00, or a 2023 Ontario Parks Pass. This ski is limited to 13 participants.	Intermediate	5-10 km /2-3 hr	112 km / 1 hr	\$8	
February 17, Friday 1:00 pm –	Marina Park and Urban Walk A leisurely walk at the Marina Park and along McVicar Creek, and return to the parking lot. This is a dog friendly hike and your dog must be on a leash. This hike will be limited to 15 participants. If time permits there will be the option to stop for a hot beverage along the way.	Easy	5 km /1.5 hr	n/a	n/a	
February 18, Saturday 11:00 am –	McIntyre River Walk or Snowshoe Snowshoe on the McIntyre River. After the hike we will have a potluck at the hike leader's house. Please bring something to share. This hike is limited to 10 participants.	Intermediate	6 km /3 hr	n/a	n/a	
February 22, Wednesday 11:00 am –	Memory Road to Big Trout Bay & Beyond The trailhead begins along Memory Road, at the Nature Conservancy of Canada parking lot. We will snowshoe along a trail to the rocky beach at Big Trout Bay. We will then snowshoe up a steep hill to a nice lookout, and return the same way. This will be a fast pace hike. Bring a lunch and fluids. Possibility of stopping at the Neebing afterwards. This snowshoe is limited to 12 participants.	Intermediate	10 km /3 hr	100 km / 2 hr	\$7	

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February 26, Sunday 1:00 pm –	Lappe Ski or Snowshoe An easy Sunday afternoon Cross Country Ski or Snowshoe at the newly renovated Lappe Nordic Ski Centre. The kitchen will be open on the weekends. If you are a member there is no charge. Skiing will be \$25 for the day. Snowshoeing on the new trails will be a donation only, amount to be determined later. This event is limited to 15 participants.	Intermediate	3-4 km /2-3 hr	40 km / 1 hr 10 min	n/a	
March 4, Saturday 9:00 am –	Ruby Lake Snowshoe – East End We will snowshoe through a quiet forest along Ruby Creek to Ruby Lake, then climb to the top of the cliffs, overlooking Ruby Lake with a gorgeous panoramic view. After stopping for lunch, we will return the same way. This snowshoe is limited to 12 participants.	Intermediate/Difficult	10 km /4 hr	230 km / 3 hr	\$15	
March 8, Wednesday 10:00 am –	James Duncan Nature Trail including Mt. Mollie Spur Trail - Snowshoe Snowshoe starts across from the Little Trout Bay parking lot. A challenging snowshoe along a mountain ridge with spectacular overviews. We'll continue and take the spur trail to Mt. Mollie where we'll have lunch and enjoy the views to the south and east. Return will be along the same route back to Little Trout Bay. This event is limited to 12 participants. Total elevation gain will be in the order of 580 meters with steep climbs and descents. LRCA parking fee \$5.00 or a LRCA Explore Card.	Very Difficult	10 km /5 hr	92 km / 1 hr 30 min	\$7	
March 12, Sunday 10:00 am –	Sifting Lake Trail Snowshoe, Sleeping Giant Provincial Park Starting at the Sifting Lake Trailhead, we will leisurely snowshoe along a cedar and white and red pine forested marked trail. There will be a few moderate climbs on the return. Once we get to the lake we can have lunch and spend a little time out on the lake. Due to the probability of only a small part of the lot will be plowed; there will be a limit of 12 participants on this hike. Vehicle Day Pass \$15.50 (\$12.50 for Seniors), or a Park Pass (Annual).	Easy/Intermediate	5-6 km /3–3.5 hr	154 km / 2 hr	\$10	

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March 18, Saturday 10:00 am –	Rabbit Mountain Mine Hike or Snowshoe Hike on Jeff's property and crown land to the old silver mine on Rabbit Mountain. May be hikable without snowshoes, depending on snowmobile traffic. Bring a lunch and fluids. This hike is limited to 15 participants.	Intermediate/Difficult	8 km /3 hr 30 min	60 km / 1 hr	\$5	
March 22, Wednesday 10:00 am –	Thompson Lake and Lookout Snowshoe We will snowshoe the east side of Rabbit Mountain in Neebing. There will be a steady uphill beside cliffs, then north through sugar maple, birch and old spruce to Thompson Lake, continue east uphill to a scenic lookout loop. We will have lunch at the lookout, and return the same way. This hike is limited to 12 participants. Bring lunch and a warm drink.	Intermediate	7.7 km / 3 hr	54 km / 45 min	\$4	
March 26, Sunday 11:00 am –	Cascades Snowshoe Starting from the Cascades Conservation area parking lot on Balsam Street, we will hike some lesser known trails north of the park. We will loop back along the Current River to the parking lot. We can stop for lunch at a scenic spot on the river. \$5.00 park fee or LRCA Explore Card. This snowshoe will be limited to 15 participants.	Easy	6 km /3 hr	n/a	n/a	
March 29, Wednesday 10:00 am –	Cloud Lake Snowshoe We snowshoe Bruce Holmes's property and gather back at his cabin after for a hot drink and snack. There are hills and valleys and one view of Lake Superior. This snowshoe will be limited to 20 participants.	Intermediate	5 km /3 hr	84 km / 2 hr	\$6	

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