



Hiking Hotline: 624-4271

www.tbha.ca

tbha@tbha.ca

Environment Canada Weather: 345-9111 or 162.475 MHz

## Winter 2018 Program

**MEETING LOCATIONS – North Site:** Safeway parking lot, 1015 Dawson Rd.(staff parking area). **South Site:** Victoria Inn parking lot, Arthur St. West

**PLEASE NOTE THAT THE SCHEDULE IS SUBJECT TO CHANGE DEPENDING ON WEATHER OR TRAIL CONDITIONS. CALL OUR HOTLINE FOR UPDATES.**

DATE & MEETING TIME	EVENT	LEVEL OF DIFFICULTY	HIKING DISTANCE /HIKING TIME	TRAVEL DISTANCE /TRAVEL TIME	* GAS CONTR.	CONTACT INFO
* GAS CONTRIBUTION. This is a <u>suggested per passenger</u> contribution to car pool drivers to defray gas expenses.						
January 6, Saturday 12:00 noon – Centennial Park Parking Lot	<b>Centennial Park to the Cascades</b> We will hike along the river up to the Cascades, around the orange trail and back to the blue trail using a different trail that parallels the first one, then back to the parking lot. This is a fairly easy hike along mostly level ground with a few small hills to climb. If the trail is packed we do not need snow shoes. We will see how much snow we get. We can stop at the Cascades to rest and have a drink, but no place dry to sit down. Possibility of refreshment after. This is a dog friendly hike (but be aware that there will be other dogs there, usually off leash.)	Easy/Intermediate	12 km / 3.5 hr	n/a	n/a	
January 7, Sunday 1:00 pm – South Site	<b>Introduction to Snowshoeing-Kamview</b> Learn the basics of snowshoeing at Kamview (relaxed pace). If you need to rent snowshoes (apx \$10.00), call Peter at 633-2404. Trail fee: Apx \$6.00, no fee if you have a Nordic Trails pass. Warm up in the Chalet after the snowshoe.	Easy	5 km /2 hr	20 km / 30 min	\$2	
January 11, Thursday 10:00 am – North Site	<b>Golding Lake</b> We will hike or snowshoe up a fairly steep hill on a bush road to Golding Lake, where we will stop for a snack; then return the same way. This is a dog friendly hike.	Easy/Intermediate	5 km /3 hr	40 km / 1 hr	\$2	
January 13, Saturday 12:00 noon – South Site	<b>Cross Country Ski - Kakabeka</b> Cross Country ski at Kakabeka, will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic Trail pass.	Intermediate	/2 hr	40 km / 1.5 hr	\$2	
January 14, Sunday 10:00 am – North Site	<b>Bentley Lake Snowshoe</b> Snowshoe from plowed end of Onion Lake Dam Road to Bentley Creek, cross a marsh and climb a hill to a pretty lake. Bring lunch and beverage. No dogs on this outing.	Easy/Intermediate	7 km /3.5 hr	40 km / 1 hr	\$2	

EASY: 5 km or less, flat or rolling terrain, leisurely pace  
 INTERMEDIATE: 5-10 km, rough terrain, moderate climbs and pace  
 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace



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January 18, Thursday 10:00 am – North Site	<b>Dog Falls on Dog River – Silver Falls Provincial Park</b> The snowshoe outing starts and ends from the road going to the Hydro Generating Station at the start of the Silver Falls hiking trail. We'll hike the Portage Trail and then along the ridge overlooking the Dog River before descending to the river. The trail will follow the Dog River to Dog Falls at which point we will continue along the trail to the vehicles. Total elevation difference to be hiked is about 500 meters.	Difficult	10 km /4.5 hr	100 km / 2 hr	\$5	
January 20, Saturday 10:00 am – South Site	<b>Kimball Creek/Kadunce River Snowshoe</b> <b>Note: Passports are required! No fresh fruits allowed across the border. Out of country medical insurance recommended.</b> This will be a one way hike/snowshoe (depending on conditions) through rugged terrain with many scenic views. Bring snacks and plenty of fluids. After the hike, join us at one of Grand Marais finest restaurants.	Intermediate	5 km /3 hr	220 km / 3 hr	\$11	
January 27, Saturday 10:00 am – South Site	<b>Tree Farm</b> Enjoy a pleasant hike or snowshoe through a tree plantation. There are interpretive stations along the way if interested in the types of trees growing in this unique nursery. This is a dog friendly hike but all dogs must be on a leash and bring your 'poop & scoop' baggies!	Easy	8 km / 2-3 hr	20 km / 30 min	\$2	
January 28, Sunday 11:00 am – South Site	<b>Kakabeka Falls Cross Country Ski</b> We will car pool to Kakabeka Falls Ski parking lot and ski one of Thunder Bay's best kept secrets. Trails are pleasantly challenging with great views of the Kaministiquia River. Afterwards there is an option to visit one of many restaurants in the area. There is a trail fee (\$5.00) if you don't have a Nordic Trail Pass or Provincial Park Winter Pass.	Intermediate	5 - 10 km /2 hr	60 km / 1 hr	\$3	

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February 2, Friday 7:00 pm –Kamview Ski Chalat	<b>Kamview Cross Country Ski under the lights</b> Enjoy this relaxed pace Cross Country ski on the lit trail.	Easy	5 km /1.5 hr	n/a	n/a	
February 4, Sunday 10:00 am – South Site	<b>Chippewa Park and Ridge Loop (via Sandy Beach)</b> A hike (or snowshoe) around the Chippewa Park lookouts, over to Sandy Beach, and then up and around on the Chippewa Ridge Trail. Return to vehicles. Possibility of refreshments afterwards. This is a dog friendly hike.	Easy/Intermediate	8 km /3 hr	30 km / 40 min	\$2	
February 10, Saturday 10:00 am – North Site	<b>Mirror Lake Snowshoe</b> A nice scenic snowshoe through the woods around Mirror and Picture Lake, east of the Pass Lake Truck Stop. Weather permitting, we will stop at Jim’s camp for a bonfire to warm up and have lunch.	Intermediate	5 km / 2 - 3 hr	100 km / 2 hr	\$5	
February 17, Saturday 1:30 pm – North Site	<b>Grand Trunk Walk or Snowshoe</b> Take an easy walk or snowshoe along the old Grand Trunk rail bed between Wappner and Mapleward Roads. Join Pat and Rod for refreshments after the hike. Appetizers would be welcome.	Easy	5 km /1.5 hr	8 km / 10 min	\$2	
February 18, Sunday 10:00 am – North Site	<b>Ravine Lake and Joe Creek Trails Hike or Snowshoe</b> Two short hikes in the Sleeping Giant Provincial Park. Dress for the weather, and bring snacks and hot beverages. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	3.5 km /2 hr	155 km / 2.5 hr	\$8	

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February 22, Thursday 7:00 pm – North Site	<b>LPH Evening Wander (hike or snowshoe)</b> A leisurely wander around trails behind the LPH (Lakehead Psychiatric Hospital). Possibility of refreshments afterwards. This is a dog friendly hike.	Easy	5 km /2 hr	20 km / 20 min	\$2	
February 24, Saturday 12:00 noon – South Site	<b>Cross Country Ski - Kakabeka</b> Cross Country ski at Kakabeka, will decide how long we want to go, depending on the weather. There is a trail fee (apx \$5.00 or \$6.00) if you don't have a Nordic Trail pass.	Intermediate	/2 hr	40 km / 1.5 hr	\$2	
February 25, Sunday 11:00 am – South Site	<b>Middle Falls and High Falls USA Hike or Snowshoe</b> We will start at the Visitor's Centre USA and view High Falls first, then continue on the Middle Falls trail. Bring lunch/snacks and plenty of fluids. Passports required, no fruit, out of country insurance recommended. We have an option to stop for refreshments on the way back at the Neebing Roadhouse.	Intermediate	8 km /3 hr	70 km / 2 hr	\$4	
March 3, Saturday 10:00 am – South Site	<b>Raven Lake Snowshoe</b> We will drive to Graham and Kerstin's home nestled in the hills of Neebing. From here Graham will lead us across several rugged hills and valleys up to high cliffs overlooking Raven Lake. If time permits, we will continue to a beautiful ice falls. Bring a lunch and lots to drink.	Difficult	10 km /4.5 hr	100 km / 2 hr	\$5	

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March 4, Sunday 11:00 am – North Site	<b>Flett Tunnel Hike or Snowshoe</b> Hike along the abandoned Grand Truck Railway bed from Ellis Road to the Flett Tunnel. A car shuttle will be involved. Bring lunch or snack, and fluids. This is a dog friendly hike.	Easy/Intermediate	8 km /3 hr	80 km / 2 hr	\$4	
March 8, Thursday 10:00 am – South Site	<b>Nor Westers – Loch Lomond Ski Hill and Feaver Mt.</b> The snowshoe outing starts and ends from the end of Coppin Rd. We'll follow the main trail to Feaver Mt. From various lookouts, you will see Loch Lomond Lake and Lake Superior in the distance. We'll travel along the edge of Feaver Mountain before descending to Sawdust Lake. We'll snowshoe north on Sawdust Lake to contact the trail that leads to the Loch Lomond ski hill lookout. From the lookout, the trail descends and connects with the Cowan Trail which ends at our starting point. Total elevation difference to be hiked is about 560 metres.	Difficult	11 km /4 hr	20 km / 30 min	\$2	
March 10, Saturday 10:00 am – North Site	<b>Middlebrun Bay Hike or Snowshoe (Sleeping Giant Provincial Park)</b> We will snowshoe 2.5 km beside the Lake Superior shore to Middlebrun Bay, enjoy lunch and explore the area, returning along the same route. Bring lunch and hot fluids. Vehicle day permit \$14 (\$11 for seniors).	Intermediate	5 km / 3 hr	155 km / 2.5 hr	\$8	
March 17, Saturday 9:00 am – North Site	<b>Ruby Lake East Snowshoe</b> We will snowshoe through a quiet forest along Ruby Creek to Ruby Lake. We will snowshoe across Ruby Lake beside towering cliffs. We will stop for a snack, then return the same way. We may stop for refreshments at a restaurant on the way home.	Intermediate/Difficult	10 km /4 hr	230 km / 3 hr	\$12	

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March 21, Wednesday 6:00 pm – South Site	<b>Evening City Trail Walk</b> City walk on recreational trail. We will start from the Victoria Inn to the walking trail to Chapples/College area and loop around. Coffee at Seattle Coffeehouse to follow. Wear appropriate reflectors on clothing or headlamps for night walking.	Easy	8 - 10 km /2 hr	n/a	n/a	
March 25, Sunday 10:00 am – South Site	<b>Mink Mountain Hike/Snowshoe</b> A walk (or snowshoe) around the top loop and then down to the waterfront on Lake Superior. Great views of the offshore islands. Possibility of refreshments afterwards. This is a dog friendly hike.	Intermediate	10 km / 3 – 4 hr	50 km / 1 hr	\$3	

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 DIFFICULT: 10+ km, rough terrain, steep climbs, steady pace